

A Plea for Plarn

by Norma Krasne-Levine & Steven Levine



Dear Fellow Congregants,

Thank you so very much for your collections of plastic bags. However, we are in desperate need of readymade Plarn (plastic yarn). So, if you would make Plarn out of your plastic bags we would really appreciate it. Norma is happy to give you a personal lesson if you wish. It takes 50 hours and approximately 1500-2000 bags to make one 4'x6' Sleeping Mat. Having the readymade Plarn available; mats can be crocheted and complete much faster. It means a lot to Norma and the RSVP Merry Mat Makers if they don't have to constantly stop and make Plarn and the work goes more smoothly. The Merry Mat Makers thank and appreciate B'nai Harim for keeping them supplied with plastic

bags. To date, we have distributed 30 Mats. There were tears of gratitude from the homeless veterans and the tent families when we and *Operation Chillout* members distributed the mats. We learned that the waterproof, bug proof mats, were used as blankets during the below freezing temperatures that plagued the Poconos this winter. If you are unable to make Plarn please keep the plastic bags coming. Both are greatly appreciated. Todah Rabah. Hugs'n' Shalom.

Directions: How to Make Plarn

1. Gather clean plastic bags. All shapes and sizes work.
2. Lay one bag flat on its side and smooth out wrinkles.
3. Cut the handles off bag.
4. Cut bottom off bag.
5. Fold bottom of bag up to top.
6. Fold up again 3or 4 times until you have a strip a little more than 1" wide.
7. Cut plastic into 1" sections. Keep sections sized evenly.
8. Unfold each section = plastic loop.
9. Lay plastic loops on a table.
10. The ends of each loop face each other.
11. Lift up the end of the loop to your right and place over the loop to your left.
12. Lift up the left loop.
13. Reach under the left loop and pick up the right loop.
14. Pull the right loop to the right.
15. Keep pulling gently to the right while holding the left loop.
16. A knot will begin to form between the loops.
17. Pull until the knot is tight. One piece of Plarn has been made.
18. Continue with the above steps to attach another loop to the end of the Plarn strand.
19. Roll Plarn strands into a ball.

For a YouTube video use this link: <https://www.youtube.com/watch?v=gQwTcizA7Oo>